

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Starters and canapes															
Vegetable soup	✓	✓		✓				✓	✓		✓				
Chicken Soup	✓	✓		✓				✓	✓		✓				
Peppered Prawns			✓		✓			✓	✓						
Mutton Spring Rolls				✓				✓	✓						
Bruschetta				✓				✓					✓		
Honey BBQ chicken wings								✓	✓						
Ackee bites (VE)															✓
Fish															
Ackee & salt fish			✓												
Fried Hake			✓					✓	✓						
Salmon			✓					✓	✓						

V 17 July 2026

Notice: The vegetable oil used in our cooking is produced from genetically modified soybeans/canola/corn/rapeseed. All poultry and fish are washed using vinegar that contains barley.

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Meats															
Jerk Chicken								✓	✓						
Curry mutton/goat								✓	✓						
Curry chicken								✓	✓						
Oxtail								✓	✓						
Fried Chicken/Strips				✓				✓	✓		✓		✓		
Stew Chicken								✓	✓						
Vegan & Vegetarian															
Chickpea curry (V/Ve)								✓	✓						
Vegetable Curry (V/Ve)															✓
Butterbean curry								✓	✓				✓		
Cauli Bites (VE)				✓				✓	✓	✓					
Mac & cheese (V)		✓		✓				✓	✓						

V 17 July 2026

Notice: The vegetable oil used in our cooking is produced from genetically modified soybeans/canola/corn/rapeseed. All poultry and fish are washed using vinegar that contains barley.

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Veg stew								✓	✓				✓		
Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Halloumi Skewers (V)		✓													
Sides															
Mixed Salad								✓					✓		
Plantain															✓
Rice & Peas								✓	✓				✓		
Plain Rice															✓
Steam Veg								✓					✓		
Fried Dumplings				✓						✓					
Festivals				✓						✓					
Coleslaw	✓	✓						✓	✓				✓		
Cucumber/Carrot Sticks															✓
Extras															
Chicken/lamb/beef Patty				✓				✓	✓						

V 17 July 2026

Notice: The vegetable oil used in our cooking is produced from genetically modified soybeans/canola/corn/rapeseed. All poultry and fish are washed using vinegar that contains barley.

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Saltfish patty			✓	✓				✓	✓						
Vegetable Patty				✓				✓	✓						
Sweetcorn fritters (VE)				✓											
Saltfish fritters			✓	✓				✓	✓		✓				
Jerk sauce															✓
Chicken Wrap	✓			✓				✓	✓						
Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Desserts															
Vanilla icecream		✓													
Apple Crumble (custard)		✓		✓											
Fruit salad															✓
Lemon Cheese Cake	✓	✓		✓											
★New 2026 menu items★															
Starters															
Creamy Leek & Potato Soup (V)		✓		✓				✓							

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Prawn Cocktail	✓	✓			✓				✓						
Smoked Salmon & Dill		✓	✓					✓	✓						
Mini Beef & Ale Pie	✓	✓		✓							✓		✓		
Cheddar & Chive Savoury Scones (V)	✓	✓	✓												
Mains and other buffet menu options															
Traditional English Buffet	✓	✓	✓								✓		✓		
Menu	 Egg	 Milk	 Fish	 Gluten	 Crustaceans	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Traditional Roast Beef Dinner	✓	✓						✓	✓		✓		✓		
Chicken & Leek Pie	✓	✓		✓					✓						
Gourmet Fish & Chips			✓	✓					✓						
Bangers & Mash		✓													

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Steak & Ale Slow-Cooked Dish				✓				✓	✓						
Shepherd's Pie		✓		✓											
Sides															
Jollof rice								✓							
Seasonal Green Vegetables (VE)		✓													
Honey-Roasted Carrots (V)															✓
Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Allergy Free
Roast Potatoes (V)															✓
Creamy Mashed Potatoes (V)		✓													
Cauliflower Cheese (V)		✓		✓					✓						

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

Sweet Potato Mash		✓													
Potato Salad (V)	✓	✓													
Yorkshire Puddings (V)	✓	✓	✓												
Veg, Beef, or Chicken Gravy											✓				
Desserts															
Eton mess (VE)		✓													
Sticky Toffee Pudding	✓	✓									✓				
Menu	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	 Free
Bread & Butter Pudding (V)	✓	✓									✓	✓			
Victoria Sponge Slice	✓	✓		✓											
Cheesecakes	✓	✓		✓											

Food allergies and intolerances: We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. All meat is Halal. MC= May contain

(Lemon or strawberry)															
Rum-Infused Sticky Toffee Pudding	✓	✓		✓											
English–Caribbean Fusion Dishes															
Jerk Chicken Pie	✓	✓		✓				✓	✓						
Curried Goat Shepherd's Pie		✓		✓				✓	✓						
Ackee & Smoked Haddock Fishcakes		✓	✓	✓											
Caribbean-Spiced Roast Chicken								✓	✓						