



	EGGS	MILK	FISH	GLUTEN	CRUSTA	PEANUT	MOLLUSC	CELERY	MUSTARD	LUPIN	SOYA	NUTS	SULPHUR	SEASAME	FREE
Pepper Prawns	✓	✓	✓		✓		✓	✓		✓	✓		✓		
Mutton spring rolls	✓	✓		✓				✓		✓	✓		✓		
Vegetable Soup		✓		✓				✓					✓		
Chicken soup		✓		✓							✓		✓		
Ackee & salt fish			✓										✓		
Jerk Chicken				✓				✓			✓		✓		
Fried Hake			✓					✓					✓		
Mutton/Goat				✓				✓			✓		✓		
Rice & Peas						✓					✓		✓		
Plain Rice															✓
Steam Veg								✓					✓		
Curry Chicken				✓				✓			✓		✓		
Fried Chicken/wings				✓							✓		✓		
Stew Chicken											✓		✓		
BBQ Chicken				✓				✓			✓		✓		
Calaloo								✓					✓		
Butterbean Curry						✓		✓			✓		✓		
Vegetable Curry						✓		✓					✓		
Fried Dumplings				✓							✓		✓		
Festivals				✓							✓		✓		
Mutton Patty	✓			✓						✓	✓		✓		
Beef Patty	✓			✓						✓	✓		✓		
Vegetable Patty	✓			✓						✓	✓		✓		
Chicken Patty	✓			✓						✓	✓		✓		
Prawn Patty	✓		✓	✓	✓		✓			✓	✓	✓	✓		
Mac & Cheese	✓	✓		✓							✓				✓
Mixed Salad								✓					✓		
Coleslaw	✓	✓						✓	✓		✓		✓		

## Food allergies and intolerances

We follow good hygiene practices in our kitchen however, whilst a dish may not identify specific allergen as an actual ingredient, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. Please ask a member of staff for further information.